

Gaithersburg HELP

Neighbor Helping Neighbor

Emergencies happen quickly and government assistance takes time. More than 40 years ago, Gaithersburg HELP was formed to meet such immediate needs in the greater Gaithersburg community. All services are provided by a network of nearly 200 volunteers who work together in a common concern for others as an expression of love for their neighbors.

What Gaithersburg HELP Does for Those in Need

- **FOOD...** HELP provides a three-day supply of food based on family size from our local food pantry by appointment.
- **INFANT NEEDS...** HELP provides diapers and infant formula for short-term emergencies.
- **PRESCRIPTIONS...** HELP assists with emergency medical needs such as medicines.
- **TRANSPORTATION...** HELP assists with transportation to medical appointments and social service agencies.
- **OTHER FINANCIAL NEEDS...** HELP considers other emergency needs on a case by case basis to help families over a short period crisis.
- **SUPPORT AND REFERRAL...** HELP volunteers listen and offer guidance to identify other resources that clients may access during the stress and confusion of an emergency. This includes referrals for rent, utility bills, and clothing.

In 2011, Gaithersburg HELP:

- provided 3,433 food packages containing a 3-5 day supply of food
- paid for 803 essential medications
- provided 1,033 diaper/formula packages
- provided 651 rides to medical/social service appointments

Gaithersburg HELP
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Gaithersburg HELP is an all-volunteer organization, so all donations go to direct service.