

## Gaithersburg HELP “Neighbor Helping Neighbor” for 42 years

In 2009, Gaithersburg HELP:

- \* provided 3,925 food packages containing a 3-5 day supply of food
- \* paid for 938 prescriptions
- \* provided 1,260 diaper/formula pkgs
- \* provided 549 rides to appts

**HELP is an all-volunteer organization  
so your entire donation goes to  
direct service!**

Your contribution  
through the  
United Way, CFC, or  
other workplace  
campaign helps us  
make a difference.



United Way

**#8432**

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**#30374**

Gaithersburg HELP  
431 N. Frederick Ave,  
Suite 105  
Gaithersburg, MD 20877  
[www.GaithersburgHELP.org](http://www.GaithersburgHELP.org)  
301-216-2510



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